

Module 33
FINAL EXINAMTION

Matching

Choose the term in Column B that matches the definition in Column A, and write the letter in the blank.

Column A

Column B

- | | |
|--|-----------------------|
| __ 1. A Greek word for old age | a. young-old |
| __ 2. Those elders who are 55 to 74 years old | b. social gerontology |
| __ 3. Those elders who are 75 years or older | c. old- old |
| __ 4. The process of aging | d. senescence |
| __ 5. The study of the social and sociocultural factors of the aging process | e. gerus |

TRUE/FASLE

Indicate whether the following statements are true (T) or false (F)

- ___ 6. The United States leads the world in support and care of the aging population.
- ___ 7. Polypharmacy means the patient is taking multiple medications from more than one physician.
- ___ 8. As a rule, when age increases, intellectual functioning decreases.
- ___ 9. For majority of the elderly, sexual libido remains active
- __ 10. The elderly tend to consume a diet high in carbohydrates

Multiple Choice

For each of the following questions circle the one response that represents the best answer.

11. Which of the following are myths of aging?

1. Most old people are lonely
 2. Older workers can be productive as younger workers
 3. Most old people live in nursing homes
 4. Crime touches young and old alike
- a. 1, 2
 - b. 3, 4
 - c. 1, 3
 - d. all of the above
12. The most expensive item in the elder's budget is
- a. loans
 - b. clothing
 - c. housing
 - d. food
13. When communicating with those who have a hearing loss, the nurse can
- a. remove other sources of noise
 - b. listen carefully]
 - c. take time to explain carefully
 - d. all of the above
14. For ease of dressing, elders prefer
- a. many buttons
 - b. short sleeves
 - c. front zippers
 - d. fitted waists
15. The first thing a nurse must do to assist elderly people to work through the dying process is
- a. help them see it as a release from suffering
 - b. come to terms with his or her own death
 - c. make out a will
 - d. elicit family support
16. Changes that occur in the elderly skeleton are
- a. flexion of the knees and hips
 - b. narrowing of intervertebral spaces
 - c. kyphosis
 - d. all of the above

17. Changes in the lungs and chest of the elderly result in which of the following?
- decreased residual volume
 - decreased ventilation
 - increased respiratory reserve
 - increased diameter of the chest
18. Characteristics of senescence in men are
- firmer, smaller testes
 - diminished seminal fluid
 - prostatic hypertrophy
 - all of the above
19. In the aging female, there is atrophy of the genital organs, decreased vaginal secretions, and increased potential for osteoporosis due to decreased levels of
- estrogen
 - progesterone
 - calcim
 - thyroid hormone
20. Vision is often impaired by clouding of the lens. This is called
- glaucoma
 - cataract
 - presbyopia
 - nystagmus
21. Older persons can help slow the process of muscle atrophy by
- avoiding exertion of the musculoskeletal system
 - taking vitamin and mineral supplements
 - eating a well-balanced diet
 - exercising
22. Elderly persons require smaller doses of medication due to
- increased muscle mass
 - decreased percentage of body water
 - decreased liver function
 - increased absorption in gastrointestinal tract

23. Some changes that have been made to improve the environment in public places are
- a. contrasting colors in flooring and stairs
 - b. highly polished doors
 - c. open glass doors
 - d. none of the above
24. In general, the elderly suffer from inadequate nutrition related to all of the following **except**
- a. rising food prices
 - b. lack of transportation to food markets
 - c. loss of memory concerning food preparation
 - d. inability to carry heavy bags
25. Implementation of the DRG System has affected health care of the elderly by
- a. increasing the length of hospital stay
 - b. decreasing the length of hospital stay
 - c. improving the quality of care received
 - d. decreasing the cost of health care for the elderly patient